

November 2, 2010

Dear TUE chairs,

In mid-October, WADA sent a communication to all Anti-Doping Organizations (ADOs) informing them of the changes to the Prohibited List as well as the International Standard for Therapeutic Use Exemptions (ISTUE). Nevertheless, we wanted to follow up with TUE chairs to bring to your attention a few specific items.

The 2011 International Standard for TUEs was only slightly modified. The only section changed was Section 9.0 which refers to the Declaration of Use. In the 2011 Prohibited List, all reference to Declaration of Use has been removed. If your anti-doping rules include any reference to the Declaration of Use, the ADO managers will need to edit the relevant provisions. For any assistance, please contact my colleague Emiliano Simonelli, Senior Manager for Code compliance, at emiliano.simonelli@wada-ama.org.

The Declaration of Use was previously required for three substances:

1. Salbutamol and Salmeterol by inhalation
2. Glucocorticosteroids by intraarticular, periarticular, peritendinous, epidural, intradermal and inhalation routes.
3. Platelet-derived preparations (PRP) by all other routes other than intramuscular.

PRP by intramuscular injection was removed from the Prohibited List in 2011 and therefore no longer requires a therapeutic use exemption.

Note that as per the International Standard for Testing, athletes are still requested to write down all medications or substances taken in the last 7 days on the Doping Control Form, at the time of testing.

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Here are the links to some useful documents:

2011 Prohibited List

[http://www.wada-ama.org/Documents/World_Anti-Doping_Program/WADP-Prohibited-list/To be effective/WADA Prohibited List 2011 EN.pdf](http://www.wada-ama.org/Documents/World_Anti-Doping_Program/WADP-Prohibited-list/To_be_effective/WADA_Prohibited_List_2011_EN.pdf)

ISTUE 2011:

[http://www.wada-ama.org/Documents/World_Anti-Doping_Program/WADP-ISTUE/2011/WADA ISTUE 2011 EN.pdf](http://www.wada-ama.org/Documents/World_Anti-Doping_Program/WADP-ISTUE/2011/WADA_ISTUE_2011_EN.pdf)

TUE Guidelines for 2011:

[http://www.wada-ama.org/Documents/World_Anti-Doping_Program/WADP-ISTUE/WADA TUE Guidelines V4.0 EN.pdf](http://www.wada-ama.org/Documents/World_Anti-Doping_Program/WADP-ISTUE/WADA_TUE_Guidelines_V4.0_EN.pdf)

Best regards,

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